

HOLY WEEK
APRIL 10 - APRIL 17, 2022
SAMC

PALM SUNDAY

APRIL 10

MORNING MANTRA PRAYER: *write the mantra prayer here each day*

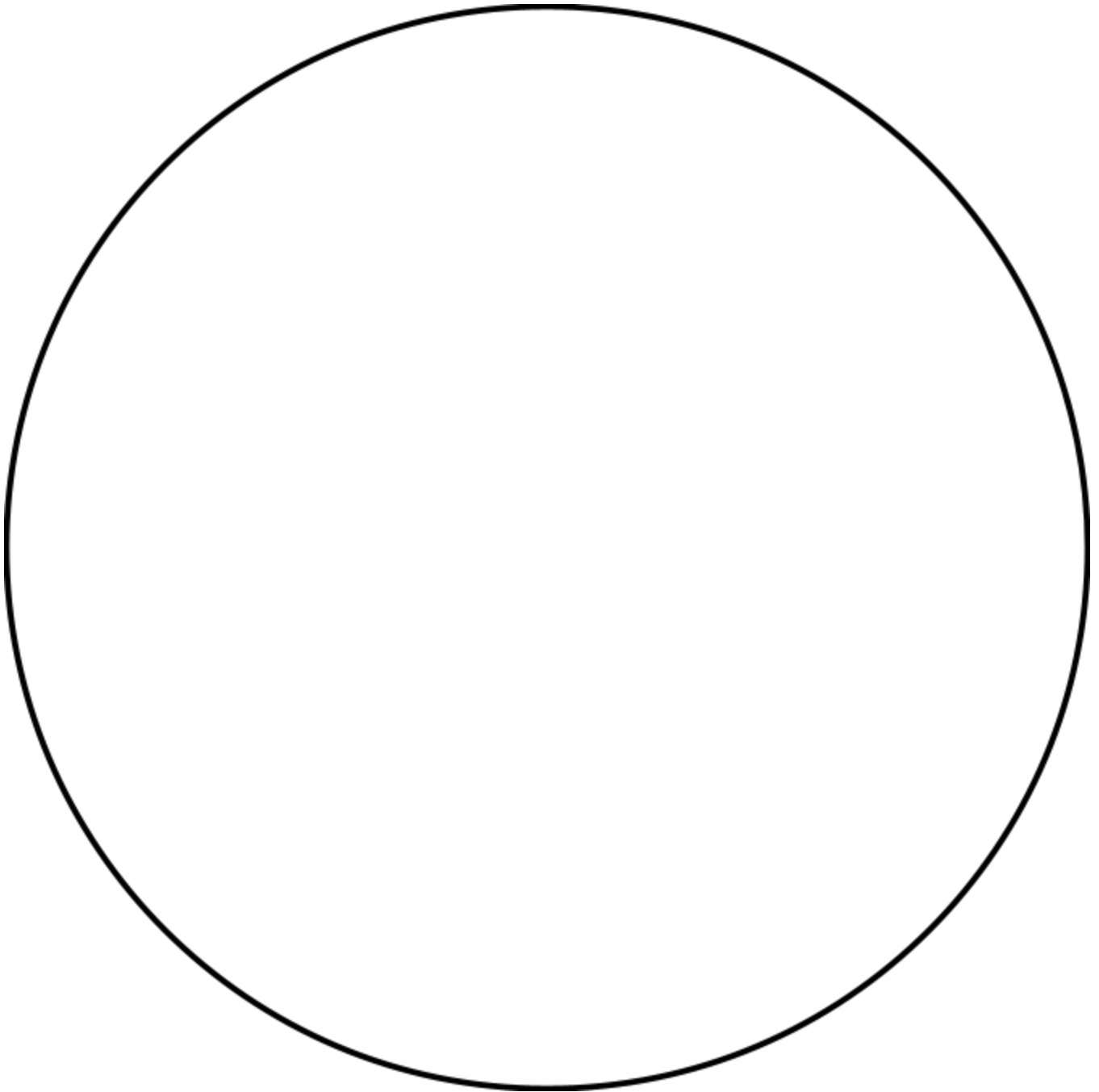
MIDDAY SCRIPTURE READING: *write your reflection on the midday scripture reading here each day*

EVENING EXAMEN

GRATITUDES: *How did you give and receive God's love today? Where did you witness miracles?*

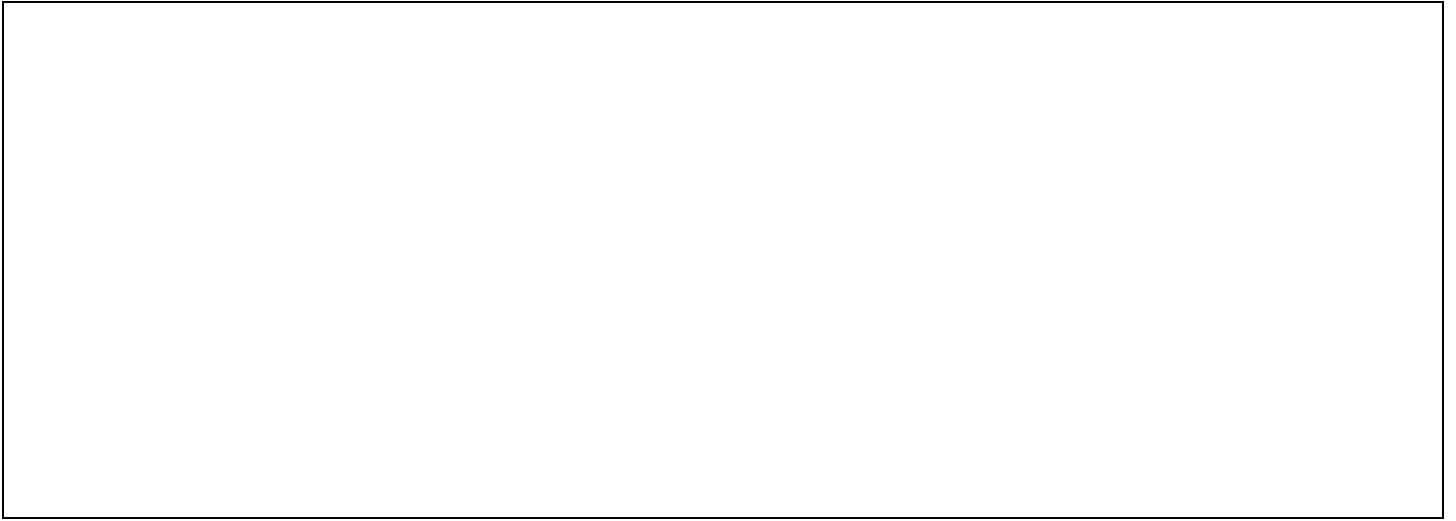
REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*

GUIDED REFLECTION, PRAYER AND VISUAL JOURNAL: *Each day you can listen to a guided breathing, meditation, and prayer exercise. Then you can complete this visual journal. A visual journal is a drawn, sketched, or painted reflection. Rather than drawing a specific event, you can draw how this day felt to you. How would you represent this day in lines, colors, shapes, size? A circle has been provided for some structure. You can use that as part of your drawing or as a boundary line. You can draw as you listen to the reflection and prayer or you can do it after.*



MONDAY
APRIL 11

MORNING MANTRA PRAYER

A large, empty rectangular box with a thin black border, intended for writing a morning mantra prayer.

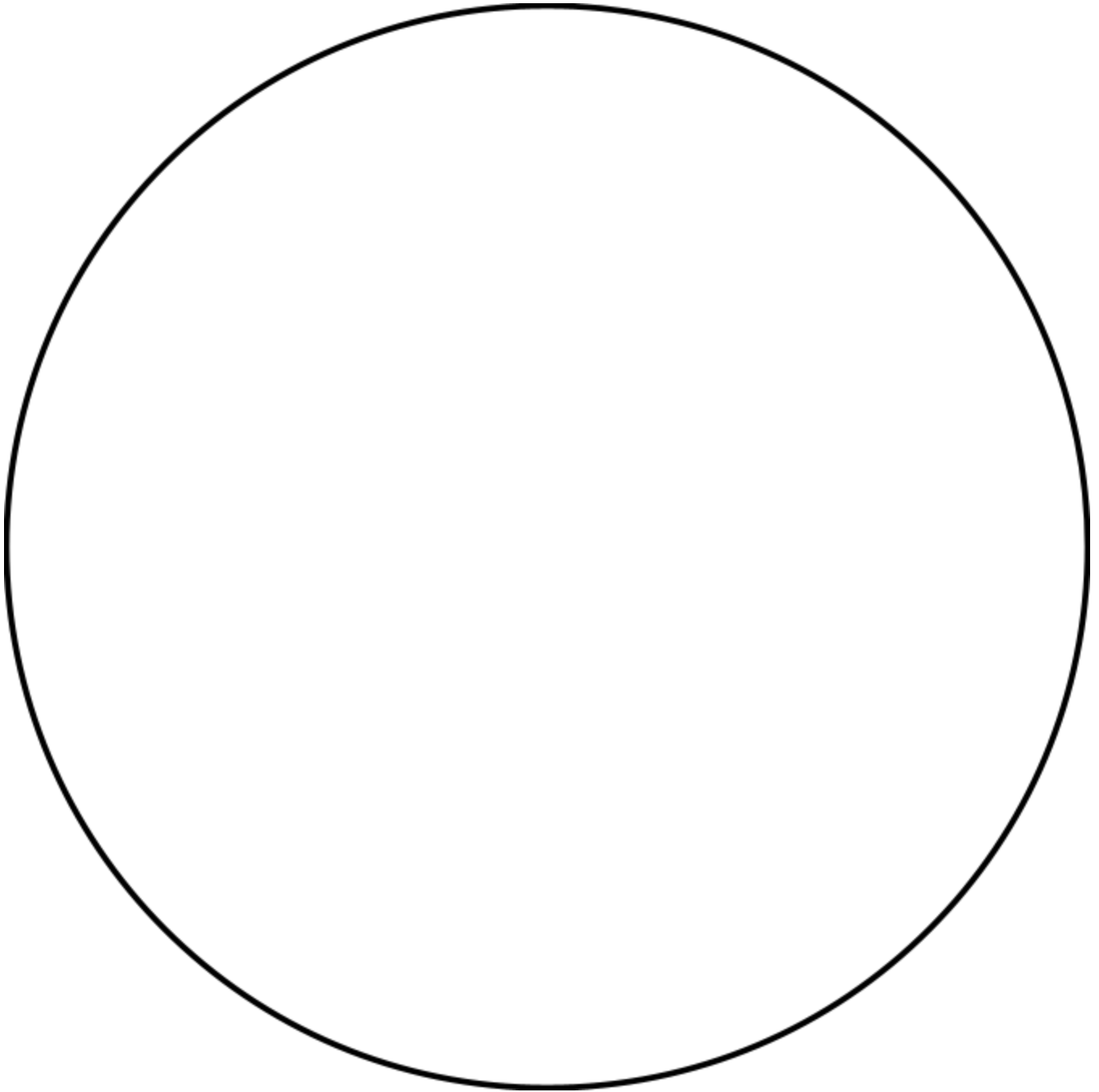
MIDDAY SCRIPTURE READING REFLECTION

A large, empty rectangular box with a thin black border, intended for writing a midday scripture reading reflection.

EVENING EXAMEN

GRATITUDES: *How did you give and receive God's love today? Where did you witness miracles?*

REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*



TUESDAY
APRIL 12

MORNING MANTRA PRAYER

A large, empty rectangular box with a thin black border, intended for writing or drawing during the Morning Mantra Prayer section.

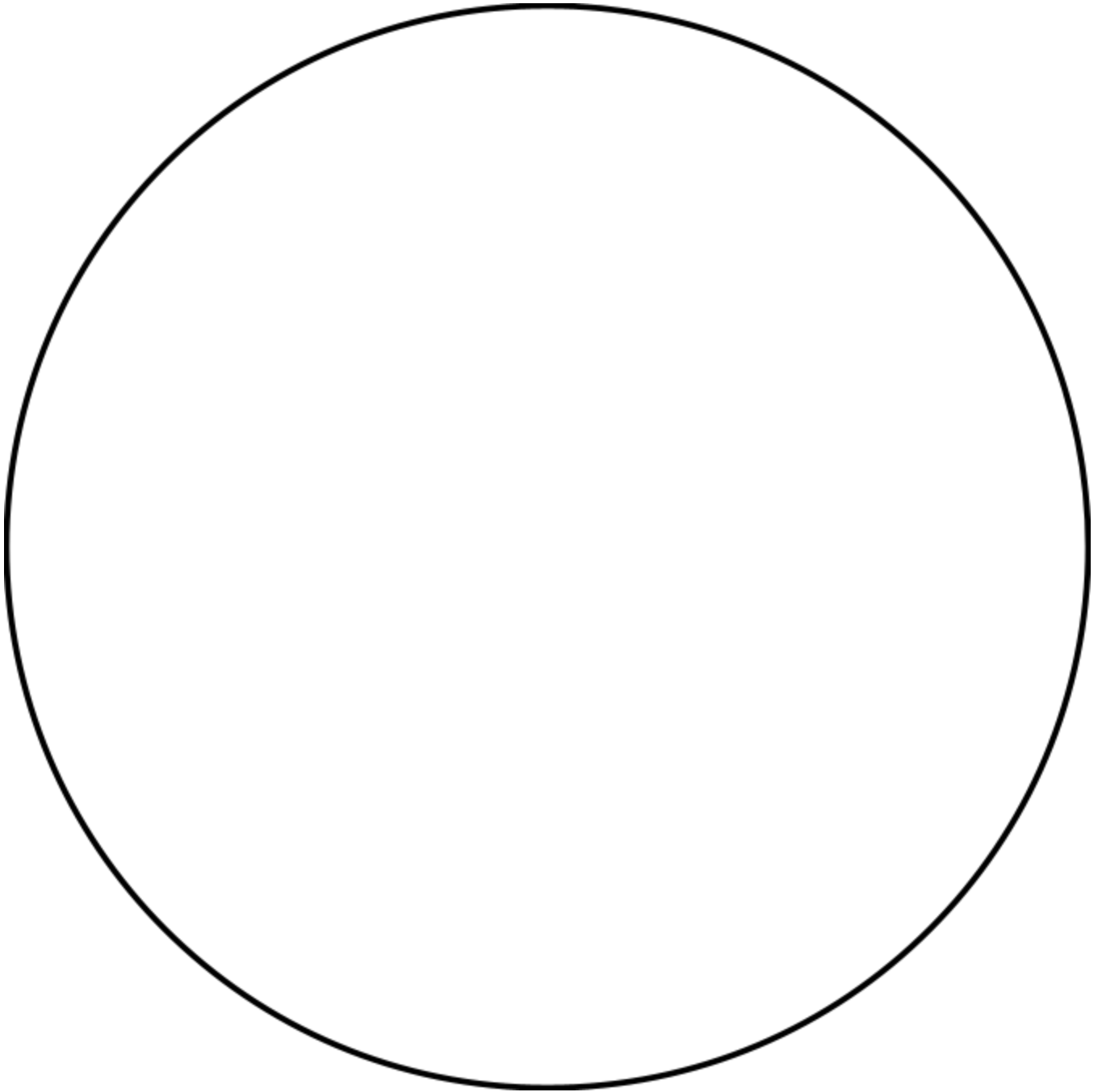
MIDDAY SCRIPTURE READING REFLECTION

A large, empty rectangular box with a thin black border, intended for writing or drawing during the Midday Scripture Reading Reflection section.

EVENING EXAMEN

GRATITUDES: *How did you give and receive God's love today? Where did you witness miracles?*

REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*



WEDNESDAY
APRIL 13

MORNING MANTRA PRAYER

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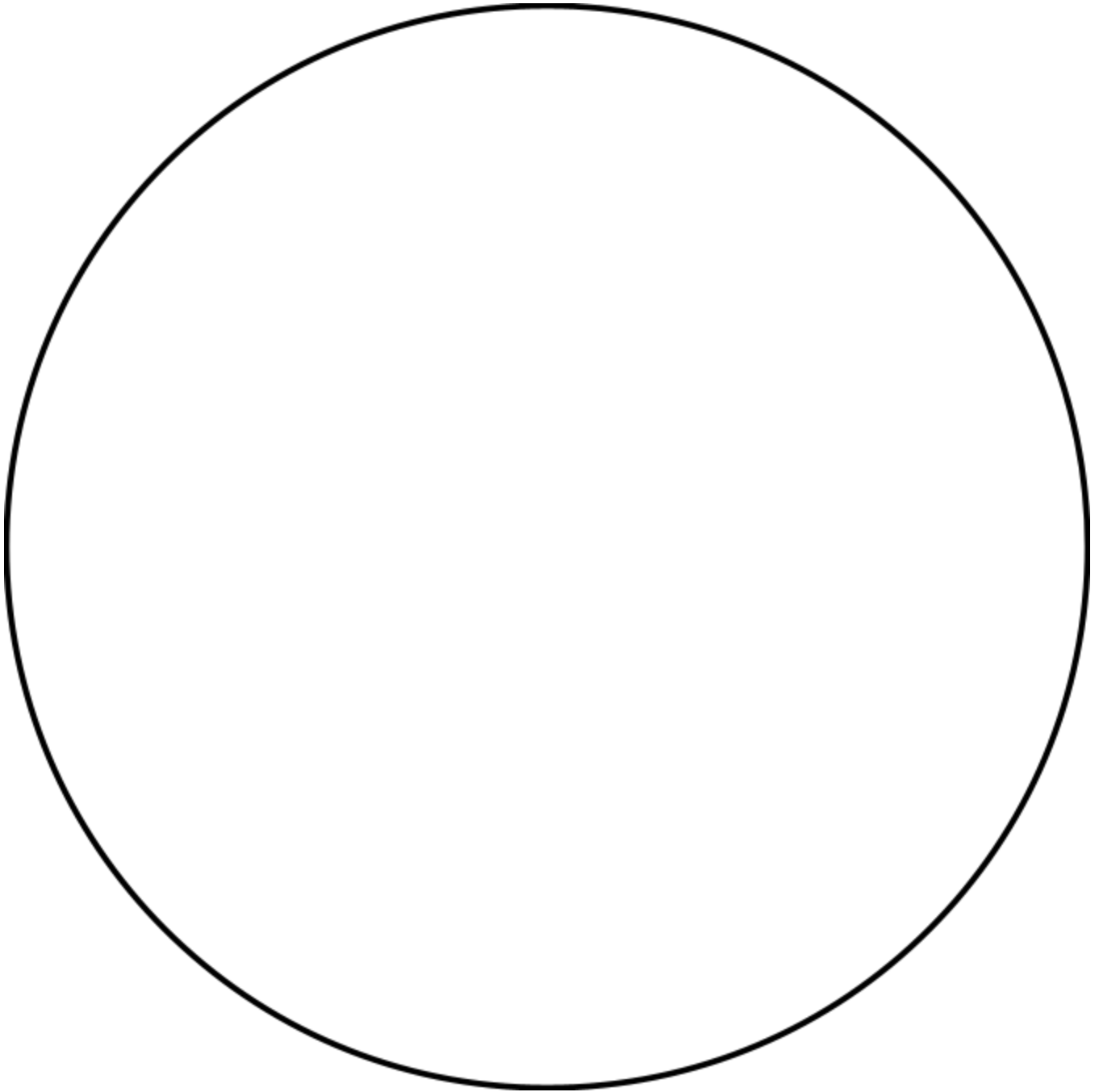
MIDDAY SCRIPTURE READING REFLECTION

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EVENING EXAMEN

GRATITUDES: *How did you give and receive God's love today? Where did you witness miracles?*

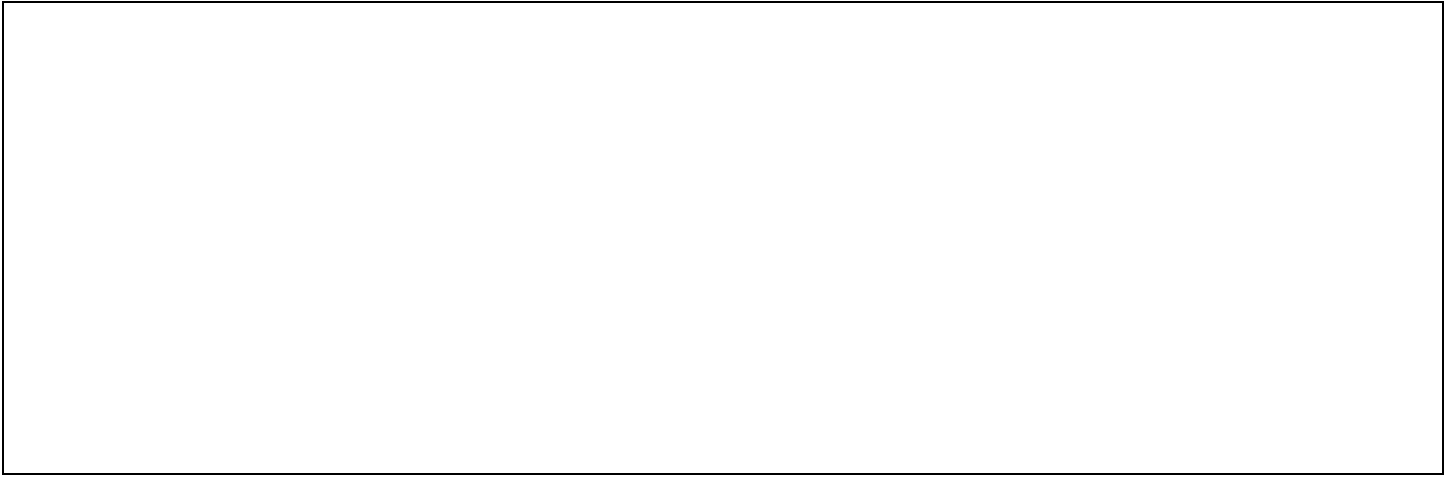
REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*



MAUNDY THURSDAY

APRIL 14

MORNING MANTRA PRAYER

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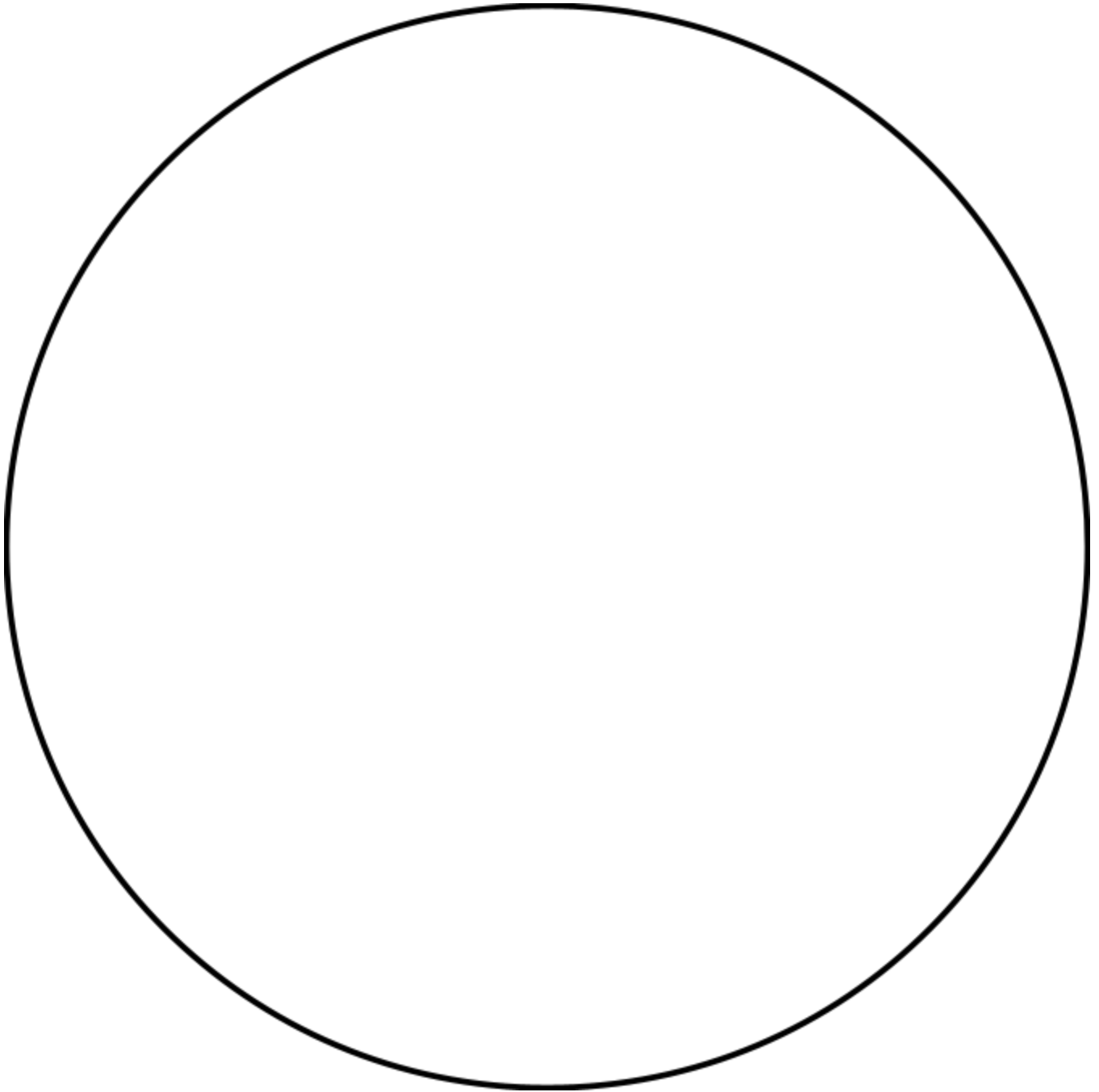
MIDDAY SCRIPTURE READING REFLECTION

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EVENING EXAMEN

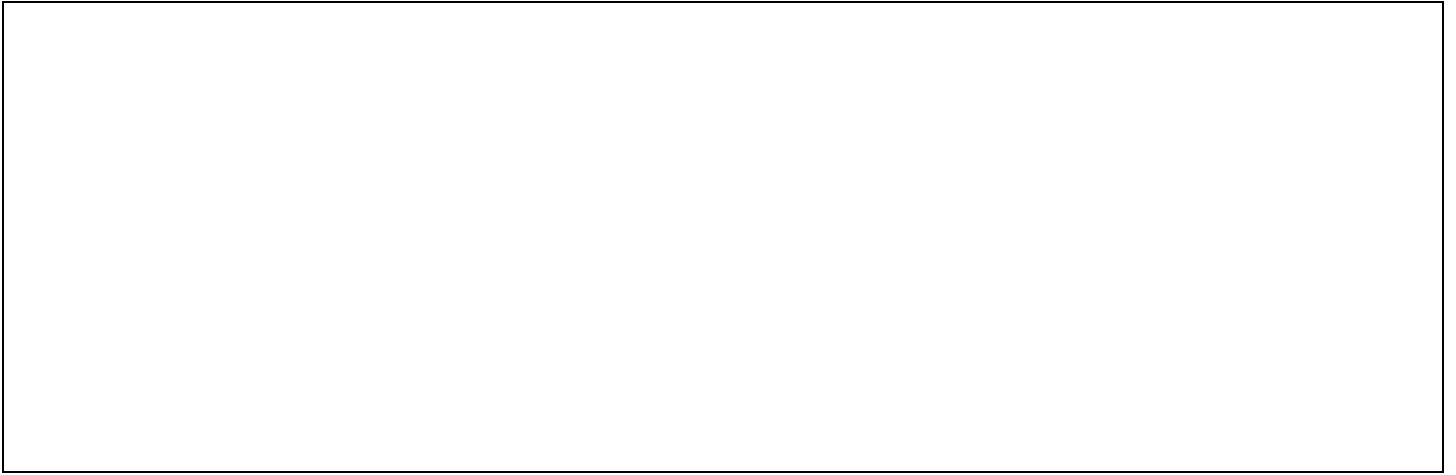
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REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*



GOOD FRIDAY
APRIL 15

MORNING MANTRA PRAYER

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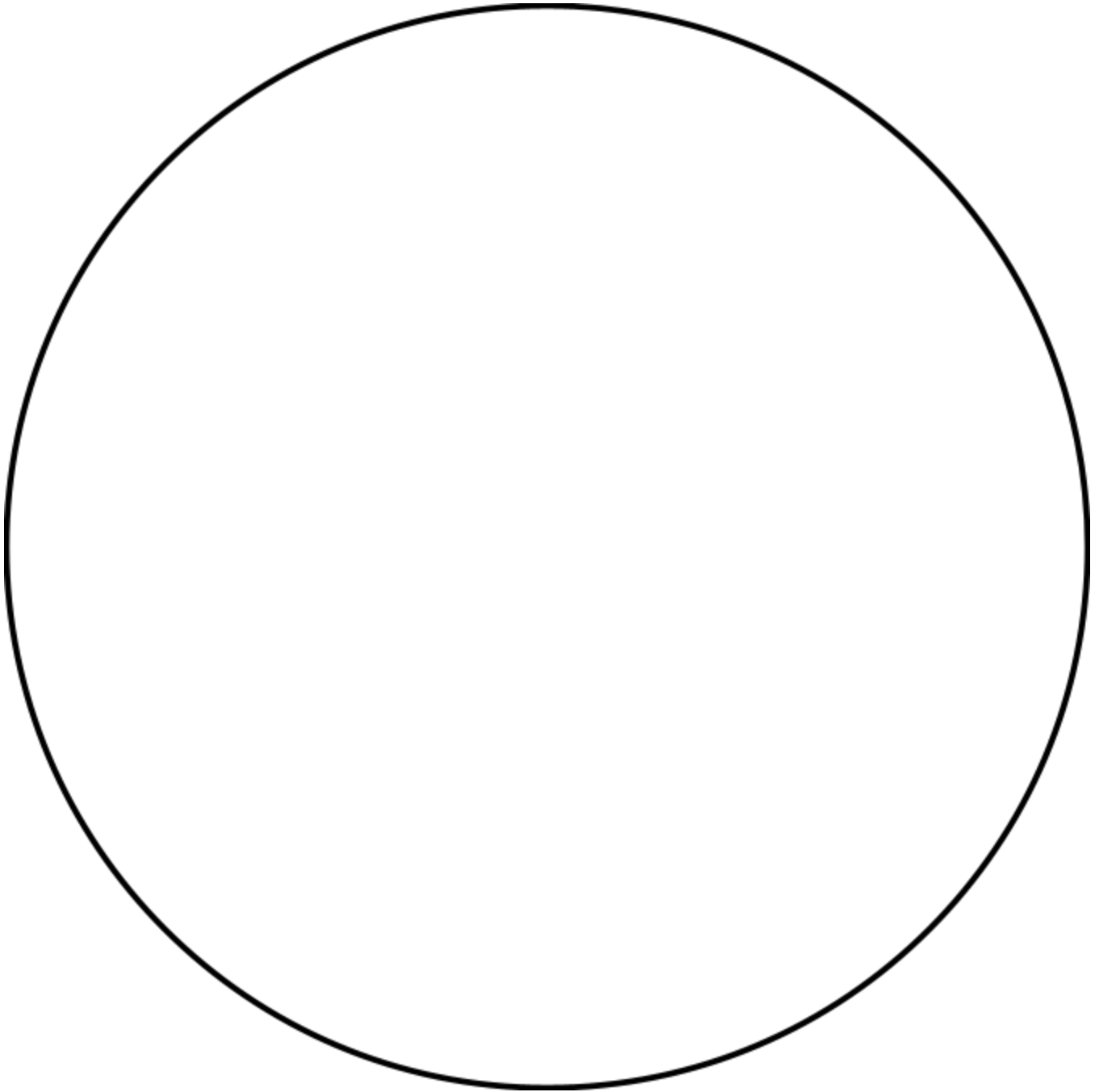
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EVENING EXAMEN

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REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*



SATURDAY
APRIL 16

MORNING MANTRA PRAYER

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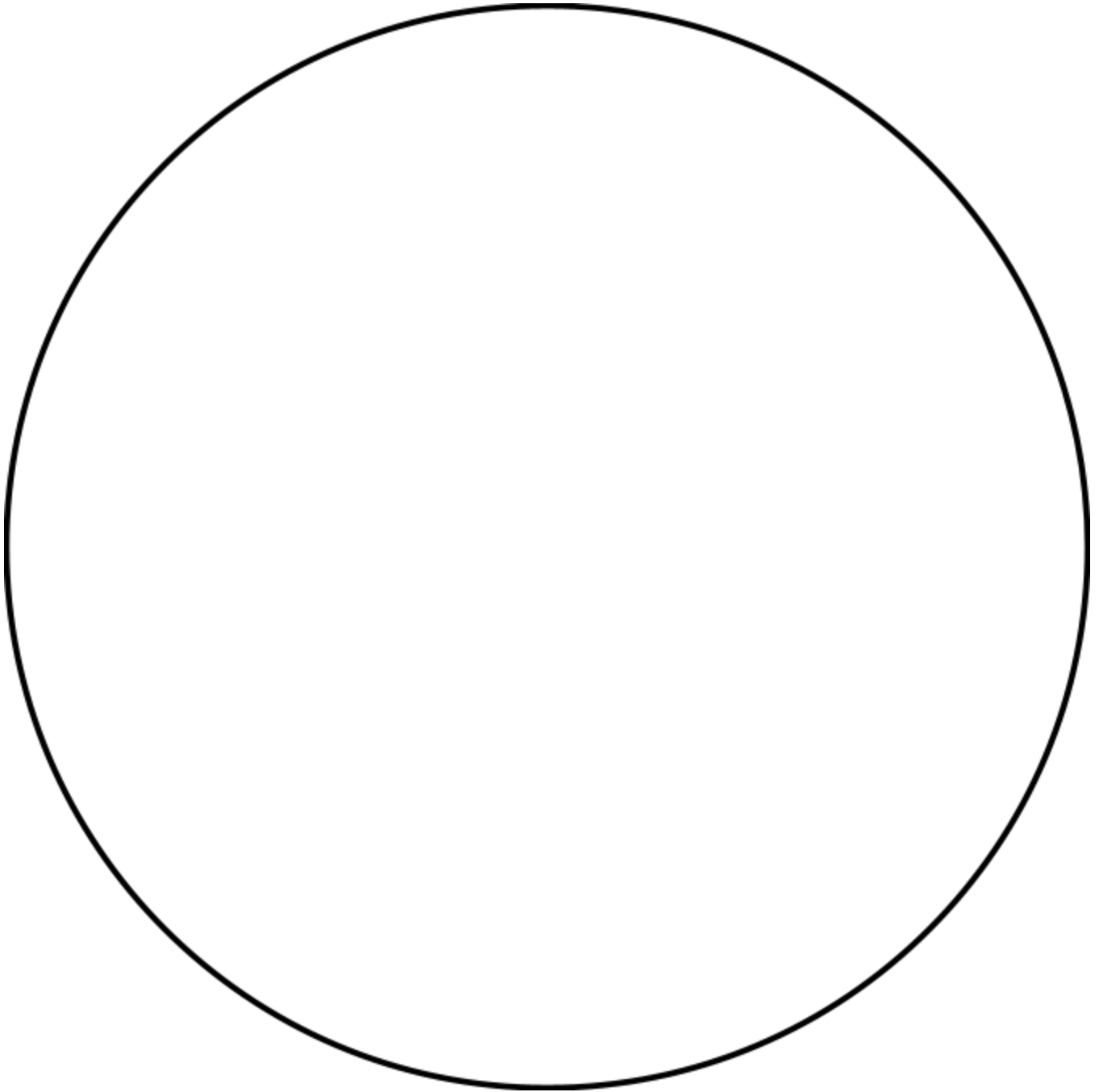
MIDDAY SCRIPTURE READING REFLECTION

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EVENING EXAMEN

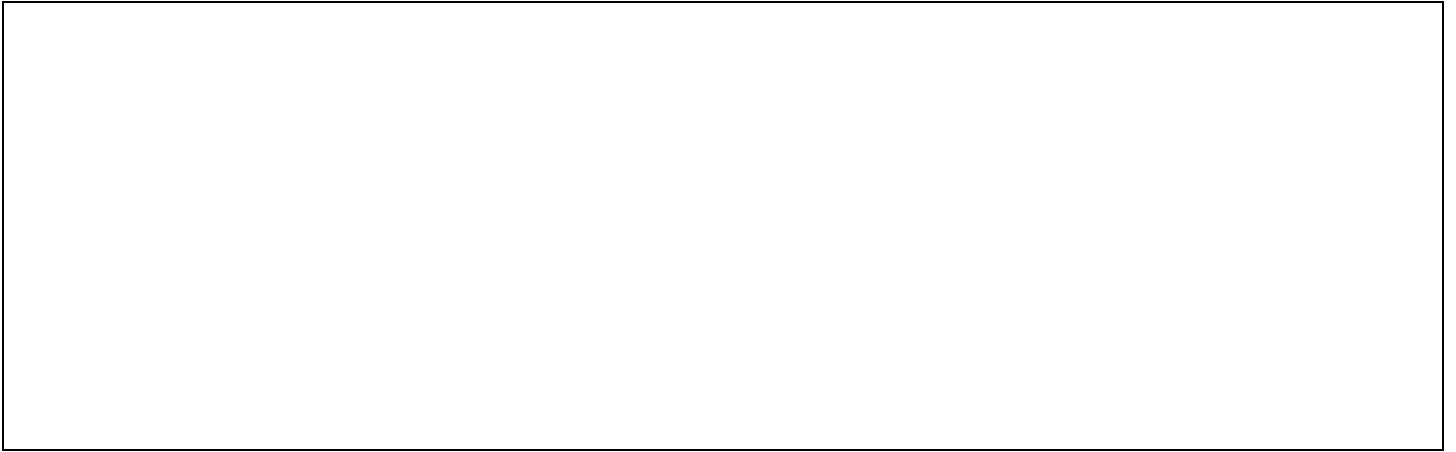
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REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*

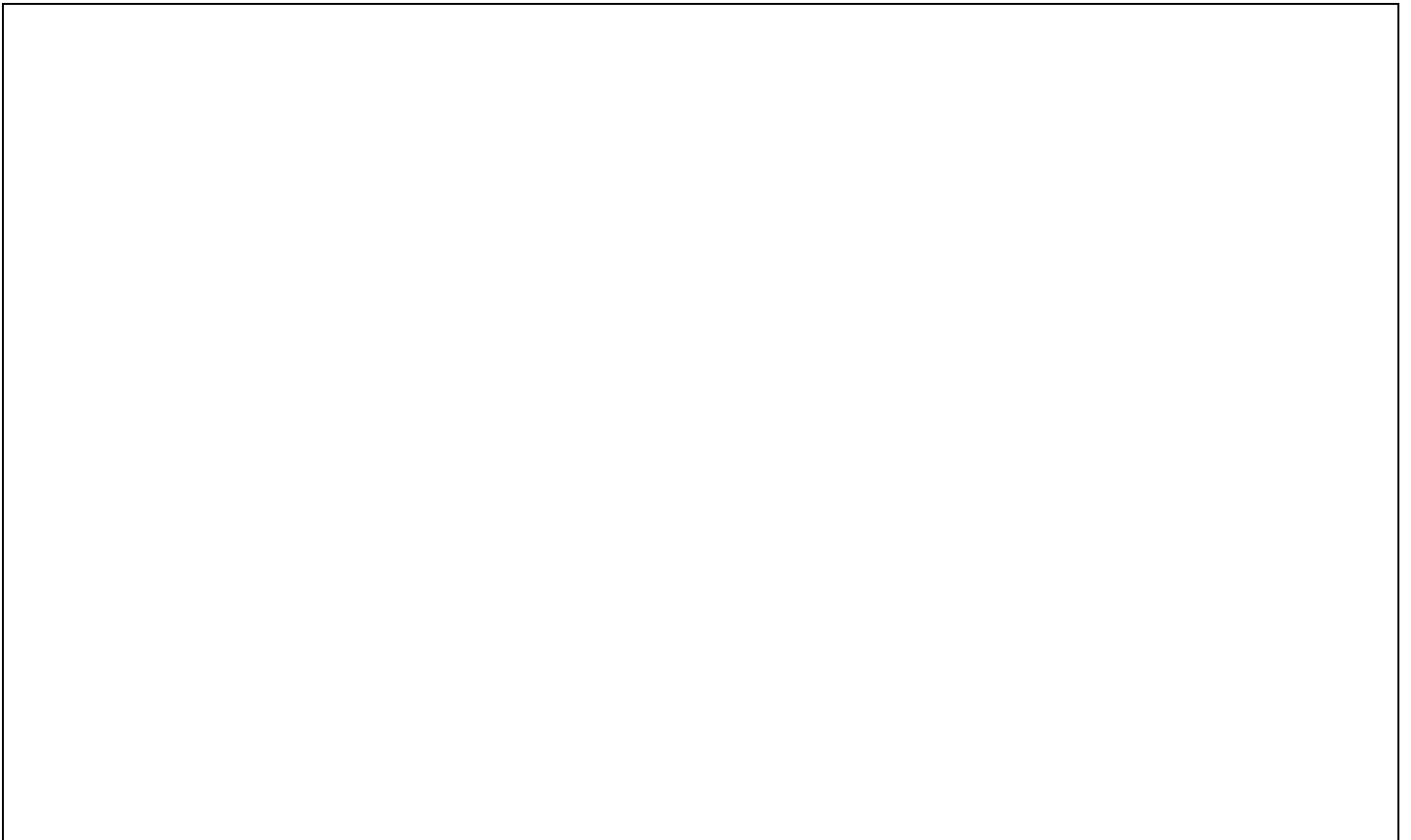


EASTER SUNDAY
APRIL 17

MORNING MANTRA PRAYER

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MIDDAY SCRIPTURE READING REFLECTION

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EVENING EXAMEN

GRATITUDES: *How did you give and receive God's love today? Where did you witness miracles?*

REQUESTS: *What do you need help with today? Who else or what situations need the attention of prayer today?*

